

BECOME A GREAT COACH AND INSPIRE OTHERS

This is a Level 5 Certificate in Effective Coaching and Mentoring, accredited by the Institute of Leadership and Management.

Programme structure

You can join this programme at any time and complete in your own time through distance learning and one to one and group meetings via Zoom. You will be allocated a personal tutor who will guide you through this flexible elearning approach every step of the way.

Content

Understanding the skills, principles and practice of effective management coaching and mentoring

- ▶ The purpose of coaching and mentoring within the context of the your organisation at this time
- ▶ Skills, behaviours, attitudes, beliefs and values of a coach or mentor
- ▶ The role of contracting and the process
- ▶ The principles and evaluation

Undertake management coaching or mentoring in the workplace

- ▶ Plan, prepare, undertake and record 18 hours of formal coaching or mentoring in the workplace
- ▶ Reflect and review with feedback

Review own ability as a management coach or mentor

- ▶ Assess your own skills, behaviours and knowledge as a coach and mentor
- ▶ Critically review and reflect on your effectiveness
- ▶ Demonstrate how you have developed, and plan to develop, as a coach or mentor



Who is this for?

You will be either coaching already and wish to gain an internationally recognised qualification, or you are seriously interested in coaching others at work.

No formal qualifications are required, just that you will be a practicing manager with some experience and the opportunity to coach others in the workplace during the programme.

Our tutors are all executive coaches with great coaching experience and the ability to coach you to pass.

Two assignments and a portfolio of evidence:

1. to demonstrate your understanding of coaching and mentoring skills. 2500 to 3500 words.
2. to demonstrate you have planned and undertaken 12 hours coaching practice and to reflect on your own ability to coach or mentor. 2000-2500 words.
3. Complete a coaching diary

Fees Inclusive of ILM fees and materials

£800 with no VAT



BOOKING FORM

Please complete the form and return to:		judith@elconsulting.co.uk
Full name (as you would like it to appear on the certificate)	Date of Birth (for ILM monitoring purposes)	
Email address	Ethnic origin (for ILM monitoring purpose)	
Organisation name	Contact telephone number	
Organisation address	Home address	
Address for the invoice	Email address for the invoice	
Fees payable		
£800 (no VAT)	Call us if you are self funding as we accept monthly payments.	
I understand that fees are non refundable once paid to elconsulting and that I have up to 24 months to complete the qualification. Please sign to the right to show that you agree. (An electronic signature is acceptable)		

Please return this booking form to Judith Elliott and an invoice will be raised. Payments are due within 14 days and before you can be registered with the ILM. If you have any questions please call or email.

E: Judith@elconsulting.co.uk

T: 01638 745474

M: 07766 753930