

## ILM Certificate in Coaching level 5

**Accredited by the Institute of Leadership and Management and therefore an internationally recognised qualification at level 5.**

**A practical seven day course covering:**

### **Developing performance**

- ▶ Good practice in coaching and mentoring
- ▶ Values and standards
- ▶ Building relationships and commitment
- ▶ Develop questioning and listening skills
- ▶ Organisational implications of coaching and mentoring

### **Management coaching and mentoring practice**

- ▶ Agree development goals
- ▶ Planning a coaching or mentoring programme
- ▶ Undertake coaching or mentoring and reflect on own performance

**12 hours practical coaching in the workplace**

### **Assessment**

1. One work based assignment
2. Reflective coaching diary

(This was previously called the Diploma in Coaching and has the same content)

### **Who is this for?**

**The ILM Level 5 Certificate in Coaching and Mentoring in Management** aims to equip practising managers with the knowledge, skills and confidence to perform effectively as coaches or mentors as part of their normal work role.

We cover appropriate interpersonal, communication, planning and organisational skills at this level, together with a look at the ethical issues that need to be considered.

### **Programme style**

- ▶ Pre-course questionnaires to establish your knowledge and needs
- ▶ Interactive
- ▶ Practical
- ▶ Tools and techniques to use in the future
- ▶ Support and guidance for the coaching and the assessment

**Seven day course  
(2+2+2+1)**

**Regional venue or Yarnfield**